



KCR Masters Class

Hawaií

17 - 25 February, 2018

You are invited to join us for a special experience on the Big Island of Hawaii! This gathering has been carefully crafted to offer you a “complete immersion” experience in the energy of Hawaii. You will have the opportunity to visit a variety of sites during our time together, and meet many of those who we are privileged to count among our friends and mentors. You will be able to review and refine any techniques you have been taught in previous classes with Hugh so that you feel you have truly “Mastered” them.

In essence, on one level this is a typical course with a Certificate of Attendance given out at the end, however, far more than that, it is an experience that will affect you deeply on a personal level, enabling you to make changes in your life, by allowing you to fully immerse yourself in the true “Aloha” of the Island of Hawaii. There is much you will learn in true Hawaiian style.... while having fun, and connecting to “Hawaii”. You will have opportunity to practice many of the skills you have learned in other KCR courses, like Postural Energetics, Heart Breathing, etc. while taking in new skills and reviewing any techniques you may have questions on.

This gathering will develop and shift according to the group that gathers, so the information presented here is subject to change and direction by spirit....in true Hawaiian style!

We are offering this opportunity to any that have completed at least KCR Level 2 and are open to the new experiences and ideas that will be presented. To ensure that all who wish to join us have an understanding of what we are offering here, we will be asking you to complete a brief application form which Hugh will review prior to accepting your registration. Hugh reserves the right to refuse entry to this workshop.

We recommend that you arrive in Hawaii at least 2 but preferably 3 days (14th) before the start of the Gathering...(come in on the Wednesday, and leave Big Island on the Sunday 11 days later). This will allow you to adjust to the energy, as well as the time changes, and get over some of the jet lag so you are fully present and ready for our time together. We will arrange a group rate at one of the hotels in Kona where you will be within the heart of the village of Kona, so will not require a vehicle.

We will gather the group on Saturday afternoon, the 17th of February to check into our Retreat Centre. This is a beautiful venue with a private pool, incredible views, and plenty of space for both group activities, and private time. There are a total of 7 bedrooms available with a minimum of 2 people in each room.

Although most rooms are fully en-suite, there are a couple of rooms that will share a bathroom accessed from a hallway. While all rooms are acceptable, the quality of the bedrooms does vary somewhat, so those who are first to register will get first choice.



Included in the price

- 8 nights' accommodation (minimum 2 people per room)
- 8 Breakfasts – house will be adequately stocked with breakfast foods which you will prepare for yourself (special dietary requirements can be accommodated)
- Welcome Dinner/ Barbecue poolside on Saturday the 17th
- Farewell Dinner on Saturday the 24th (venue to be confirmed)
- Traditional Hawaiian Luau (full buffet dinner included – along with evening of entertainment)
- Ground Transportation throughout the 8 days
- Guest Speakers fees
- All teachings by Hugh Gilbert
- All Site Entry fees (including boat trips etc.)
- Tour coordination and driving by Jane Wardlaw – Hearth Mother Tours



Also included will be a selection of activities (as mentioned, the exact itinerary will develop as the group forms, and allowing for access as weather and ocean conditions etc. permit). This is by no means a comprehensive list, and not all of these will be included...this will give you an idea of what to expect along with the “course material” that Hugh will present.... all fees associated with this list will be covered.

- **Fairwinds Cruise and Snorkel Trip** to world famous **Kealakekua Bay** – a relaxing fun filled experience for all (for non-swimmers there are floating devices that make it possible for you to view the incredible under water marine reserve.) or just stay on board and relax with food and an open bar.
- **Dolphin Swim / Whalewatch** cruise – with **Mike and Melainah Yee** ..an opportunity to get in the ocean with wild dolphins, or just observe from the deck of the boat.... your choice. It will also be **Humpback Whale** breeding season, so the chances of sightings will be high. (Michael and Melainah met in 1998 when she first came to Hawaii to be with the Dolphins. In 2002, surrounded by their Ohana (family, friends and loved ones), they were married at sunset by Michael’s hanai Father, Kahuna Lanakila Brandt. Their deep personal, some might say magical, connection to the Dolphins was reflected when the Dolphins arrived just as the ceremony began, spinning and leaping out of the water during the entire ceremony! It’s this uncanny and special connection with the Dolphins that accounts for their 98% success rate of finding Dolphins on each [Dolphin Swim](#). Both Michael and Melainah are USCG licensed captains. “China” Mike has been surfing, diving and has captained boats on the Kona Coast for over 25 years and is one of the most experienced captains on the Big Island. He operated the first charter boat offering [Dolphin Swims in Hawaii](#). While in his teens, he became a well known champion surfer in Hawaii and Southern California. He is a complete water-man, and his extensive knowledge of the coastline is unsurpassed. He is as comfortable in the water as most people are on land. In 1999, Melainah returned to the Big Island for a two month sabbatical from Atlanta – she never left! She is a facilitator who teaches and hosts seminars on attaining self-empowerment and remembering who we truly are. She offers Dolphin Retreats, retreats on Hawaiian Spirituality and retreats about the Ancient Land of Lemuria. Together, Michael and Melainah are Kona’s unquestioned leaders when talking about experience with Dolphins. They are known internationally and have been featured on several television documentaries discussing the Human/Dolphin connection.)
- **Live Volcano Experience** - – visit **Kilauea crater** .. the largest active volcano on the planet, including a Hawaiian ceremony for Pele with **Petronila Tubidlo Blank**, and possible hike into the area of lava flow.... this will depend on current lava flow locations, and a variety of other conditions
- Day with **Harry Jim Uhane** – Learn directly from the Master .. in his family home!
- Morning hike with **Robert Block** –Trailmaster- most likely to include hiking on trails not generally known to the public. Walk on beaches that have just been cleared and hidden for hundreds of years! Great place to do P.E.
- Meeting with **Steve Sakala** – renowned organic farmer and producer of organic herbal medicines
- Night time **Professionally led** guided trip to the summit of **Mauna Kea** – 14,000 ft above sea level – considered the tallest mountain on earth, as it is measured from its base beneath the ocean. There will be a stop on the way up and down to acclimatise. The night sky is unbelievable and .. yes .. you will be able to utilise a high powered professional astronomy telescope also! This is a very “weather dependant” journey!
- **Hapuna Beach** – rated in the top 10 most beautiful beaches in the world! Swim, body surf/boogie board or just relax.
- **Honaunau** (The City of Refuge) – Sacred ancient site of great importance to Hawaiians. We will show you things that the tourists are not usually aware of! Again an amazing place for P.E.

- **Kava Ceremony** – Kava is a drink made from the root of a pepper plant, has mildly calming effect on the body, and was used in traditional Hawaiian ceremony. Very relaxing ... and will be a fun evening, hopefully in our friends stunning home and farm on the mountainside at Captain Cook.
- **Outrigger Canoe** trip ... teamwork needed here as we paddle or way out into Kona Bay .. again there is a high chance of mingling with dolphins.



NOT Included:

- Airfare to and from Kailua Kona, Hawaii (airport code KOA)
- Meals not mentioned above You will have access to the Retreat Centre Kitchen where you can bring your own food and prepare it for lunches / dinners, however on some days...we will not be near enough for this option, so you will need to eat in restaurants.
- Accommodation for nights before or after the Gathering and associated expenses such as meals, ground transportation etc.
- Cancellation and Medical Insurance
- Personal Expenses such as phone calls, gifts, snacks, alcoholic beverages etc

Pricing:

\$3500.00 USD per person (double occupancy rooms only available)
If you do not have a chosen room-mate we will arrange this for you.

Non-refundable Deposit of \$500.00 usd required to hold your space.

Payments will then be required as follows:

1st day of each month of May thru October - \$500.00 usd.

You may pay the entire balance at any date prior to the 1st of October if you prefer.

Cancellation Policy:

Entire amount of deposit is non-refundable any other fees paid will be refunded as follows:

Before May 15, 2017 – 100% will be returned

May 16 – July 15, 2017 – 80% will be returned

July 16 – September 15, 2017 – 60% will be returned

September 16 – November 1, 2017 – 40% will be returned

After November 1 or no shows – No refunds available

There will be a minimum number of people required to run this Gathering if we do not meet these requirements we will return 100% of your money including deposit.

We fully understand the impact the Brexit decision has had on the UK Pound .. when we were first asked by you all to organise this trip, the exchange rate was \$1.75. Since Brexit it has plummeted and it is currently \$1.10. That has made a fair difference to the costs as you can well imagine, and that is why we are simply putting this out there now, to see if there is still sufficient interest.